



Russell County Partners in Prevention

Welcome to the 2007 Resource Guide

This resource guide was developed to help the citizens of Russell County find the help they need. All of these agencies serve the Russell County area even though they may be based in other areas. We want to give a special thank you to the Campbellsville/Taylor County Anti-Drug Coalition/ASAP for their help in the creation of this resource guide. We have taken every effort to ensure that all information contained in this guide is accurate; however, if there are errors, we apologize for any inconvenience it may cause.

MISSION STATEMENT

Russell County Partners in Prevention is an anti-drug coalition that was born out of the desire to see the abuse of substances in Russell County, especially among our youth, reduced. The coalition began in 2003 with the formation of a Kentucky ASAP (Agency for Substance Abuse Policy) Local Board. From there, our coalition has grown and we now operate from two grants: a Kentucky ASAP state grant, and a Drug-Free Communities (DFC) federal grant.

ACRONYMS

A

AA	Alcoholics Anonymous
ACA	American Council on Alcoholism
ACAP	American Council on Alcohol Problems
ACDI	American Council on Drug Information
ACoA	Adult Children of Alcoholics
ADA	Americans with Disabilities Act
ADAPT	America's Drug Abuse Prevention Team
ADRS	Alliance for Drug Free Society
ALA	American Lung Association
AMA	American Medical Association
APA	American Psychiatric Association
ASCA	American School Counselors Association
ATOD	Alcohol, Tobacco and Other Drugs

B

BABES	Beginning Alcohol and Addiction Basics Education Studies
BADD	Bartenders Against Drunk Driving
BATF	Bureau of Alcohol, Tobacco and Firearms
BCA	Boys Clubs of America
BSA	Boy Scouts of America

C

CADCA	Community Anti-Drug Coalitions of America
CBO	Community Based Organization
CD	Chemically Dependent
CMHC	Community Mental Health Center
COA	Children of Alcoholics
COAF	Children of Alcoholics Foundation
CPP	Certified Prevention Professional
CSAP	Center for Substance Abuse Prevention
CSAT	Center for Substance Abuse Treatment

D

DARE	Drug Abuse Resistance Education
DASA	Center on Addiction and Substance Abuse
DCBS	Dept. of Community Based Services
DCDCC	Drugs and Crime Rate Center and Clearinghouse
DEA	Drug Enforcement Administration
DFSCA	Drug Free School and Communities Act
DHHS	Department of Health and Human Services

DoED Department of Education
DSA Division of Substance Abuse
DUI Driving Under the Influence
DV Domestic Violence
DWI Driving While Intoxicated

E

EAP Employee Assistance Program
EIP Early Intervention Program

F

FBI Federal Bureau of Investigation
FDA Food and Drug Administration
FGP Foster Grandparents Program

H

HB House Bill
HIDTA High Density Drug Traffic Area
HUD Department of Housing and Urban Development

I

IBCA Institute on Black Chemical Abuse
IOP Intensive Out Patient Program

K

KY-ASAP Kentucky Agency for Substance Abuse Policy
KIP Kentucky Incentive Project

M

MADD Mothers Against Drunk Driving
M-H Mental Health
M-R Mental Retardation
MSW Masters in Social Work

N

NA Narcotics Anonymous
NAADAC National Association of Alcoholics and Drug Abuse Counselors
NAC National AIDS Clearinghouse
NACoA National Association for Children of Alcoholics
NADAP National Association on Drug Abuse Problems, Inc.
NAPARE National Association for Perinatal Addiction Research and Education
NAPPA National Association for Prevention Professionals and Advocates, Inc.

NARMH National Association for Rural Mental Health
 NASW National Association of Social Workers
 NCADD National Council on Alcoholism and Drug Dependence
 NCADI CSAP's National Clearinghouse for Alcohol and Drug Information
 NCJA National Criminal Justice Association
 NCJRS National Criminal Justice Reference Service
 NCPA National Committee for the Prevention of Alcoholism and Drug Dependency
 NCPC National Crime Prevention Council
 NFIA National Families in Action
 NFP National Federation of Parents for Drug-Free Youth
 NGA National Governor's Association
 NHTSA National Highway Traffic Safety Administration
 NIAAA National Institute on Alcohol Abuse and Alcoholism
 NIDA National Institute on Drug Abuse
 NOFAS National Organization for Fetal Alcohol Syndrome
 NOSAPP National Organization of Student Assistance Programs and Professionals
 NOT Not on Tobacco
 NPN National Prevention Network
 NRHA National Rural Health Administration
 NRIADA National Rural Institute on Alcohol and Drug Abuse
 NSADAD National Association of State Alcohol and Drug Abuse Directors
 NYSCA National Youth Sports Coaches Association

WE CARD
<http://www.wecard.org>

O

OESE Office of Elementary and Secondary Education
 OJJDP Office of Juvenile Justice and Delinquency Prevention
 OJP Office of Justice Programs
 ONDCP Office National Drug Control Policy
 ORHP Office of Rural Health Policy

P

PDFFA Partnership for a Drug-Free America
 PIP Partners in Prevention
 PMD Prevention Materials Database
 PRI Prevention Research Institute
 PRIDE Parent's Resource Institute for Drug Education, Inc.
 PTA Parent Teacher Association

R

RIC Rural Information Center
 RID Remove Intoxicated Drivers
 RPC Regional Prevention Center
 RVSP Rape Victim's Services Program

Prevention Services
<http://www.preventionservices.org>

PRIDE (Parents Resource Institute for Drug Education)
<http://www.prideusa.org>

Quitnet
<http://www.quitnet.org>

Remove Intoxicated Drivers (RID)
<http://www.ridjsa@crisny.org/not-for-profit/ridusa>

Russell County Partners In Prevention
<http://www.rcpip.org>

SADD, Inc.
<http://www.sadd.org>

Scott Newman Center
<http://www.scottnewmancenter.org>

Search Institute (40 Assets):
<http://www.search-institute.org>

Smoking and Health Database
www.cdc.gov/tobacco/

Smoking & tobacco related issues
<http://www.tobacco.org> or <http://www.kickbutts.org>

Stop Teenage Addiction to Tobacco
<http://www.stat.org>

Tobacco BBS
<http://www.tobacco.org>

Tobacco Control Archives
www.library.ucsf.edu

Tobacco Free Kids
<http://www.tobaccofreekids.org>

Virtual Clearinghouse on Alcohol
<http://www.atod.org>

RWJ-FB The Robert Wood Johnson Foundation's Fighting Back

S

SADD Students Against Driving Drunk
SAFE Solvent Abuse Foundation for Education
SALIS Substance Abuse Librarians and Information Specialists
SAMHSA Substance Abuse and Mental Health Services Administration
SAP Student Assistance Program
SAS Student Assistance Services Corporation
SDAP Sports Drug Awareness Program
SFP Strengthening Families Program
SNC Scott Newman Center
STAT Stop Teenage Addiction to Tobacco

T

TAP Tobacco Awareness Program
TATU Teaching About Tobacco Use
TEG Tobacco Education Group
TI Teen Institute

U

USCG United States Coast Guard

Z

ZT Zero Tolerance

OTHER SUPPORT SERVICES

RUSSELL COUNTY SHERIFF

LARRY BENNETT, Sheriff
Russell County Courthouse
410 Monument Square
Jamestown, KY 42629
(270) 343-2191

RUSSELL SPRINGS CHIEF OF POLICE

JOE MICHAEL IRVIN, Chief
Russell Springs Police Department
72 High Street
Russell Springs, KY 42642
(270) 866-3484

JAMESTOWN CHIEF OF POLICE

MIKE KEATON, Chief
Jamestown Police Department
202 Monument Square
Jamestown, KY 42629
(270) 343-3300

National Families in Action
<http://www.emory.edu/NFIA>

National Highway Traffic Safety Administration (NHTSA)
<http://www.nhtsa.dot.gov>

National Inhalant Prevention Coalition
<http://www.inhalants.co>

National Institute on Alcohol Abuse and Alcoholism (NIAAA)
<http://www.niaa.nih.gov>

National Institute on Drug Abuse
<http://www.nida.nih.gov>

National Institute of Health
<http://www.nih.gov>

National Organization on Fetal Alcohol Syndrome
www.nofas.org

National Prevention Network
<http://www.nasadad.org>

National Women's Resource Center
<http://www.nwrc.org>

Office of Juvenile Justice and Delinquency Prevention
<http://ojjdp.ncjrs.org>

Office for Women's Services
<http://www.nwrc.org>

Online Drug Policy Library
<http://www.druglibrary.org>

Online Recovery Resources
www.recovery.org

Partnership for a Drug-Free America
<http://www.drugfreeamerica.org>

Prevention Researcher
<http://www.integres.org/prevres>

Kentucky State Police
“Commonwealth of Kentucky Crime Report”
<http://www.state.ky.us/agencies/ksp/crime.htm>

Kentucky Substance Abuse Prevention
<http://dmhmrs.chr.state.ky.us/preventatodky/>

Kickbutt
<http://kickbutt.org>

MADD
<http://www.madd.org>

Minnesota Drug Information Service
<http://www.biomed.lib.umn.edu>

Narcotics Anonymous (NA)
<http://www.wsoinc.com>

National AIDS Clearinghouse
<http://www.cdcnac.org>

National Association for Children of Alcoholics
<http://www.health.org/nacoa>

National Clearinghouse for Alcohol & Drug Information
<http://www.health.org>

National Coalition of Hispanic Health and Human Services Organization
<http://www.cossmho.org>

National Commission Against Drunk Driving
<http://www.mcadd.com>

National Congress of Parents and Teachers
<http://www.pta.org>

National Crime Prevention Council
<http://www.ncpc.org>

National Drug Control Policy
<http://www.whitehouse.gov/WH/EOP/ondcp/html/ondcp.html>

National DRUGS DON'T WORK Partnership
<http://www.drugfreeworknj.com>

RUSSELL COUNTY SCHOOL SYSTEM

Russell Springs Elementary School
(270) 866-3587

Jamestown Elementary
(270) 343-3966

Salem Elementary
(270) 866-6197

Union Chapel Elementary
(270) 343-4666

Russell County Middle School
(270) 866-2224
Guidance Counselor (270) 866-2225

Russell County High School
(270) 866-3341

SCHOOL RESOURCE OFFICERS

Jimmy Cox

Jackie Grider
(270) 566-0341

Jerry Melton
(270) 566-0342

Jeff Reeder

Larry Skaggs
(270) 866-1016

**CHARLENE S. HARRIS EDUCATIONAL CENTER/
SOMERSET COMMUNITY COLLEGE EXTENDED CAMPUS**

848 W. Steve Wariner Drive
Russell Springs, KY 42642
(270) 866-8836

**MOTHERS AGAINST DRUNK DRIVING
MADD**

State MADD Chapter

1-800-944-6233

Joyce Bradburn
State Administrator

Jacqueline Jenkins
Russell County Contact
(270) 343-5959

LAKE CUMBERLAND CHILDREN'S ADVOCACY CENTER

472 S. Main St.
PO Box 4
Jamestown, KY 42629

(270) 343-6922

Drug Information
<http://www.druginfo.org>

Drug Watch
<http://www.DrugWatch.org>

Education Excellence Partnership
<http://www.brtable.org>

ELKS Drug Awareness Program
(Emphasis on Gateway Drugs)
<http://www.elks.org/drugs/>

Fetal Alcohol Syndrome Community Resource Center
www.azstarnet.com

Hazeldon Foundation
<http://www.hazeldon.org>

Higher Education Center for Alcohol and Other Drug Prevention]
<http://www.edc.org/hec>

Hispanic Information and Telecommunication Network
<http://www.hitn.org>

Johnson Institute Foundation
www.jifoundation.org
Join Together Online
<http://www.jointogether.org>

Justice Information Center
<http://www.ncjrs.org>

Juvenile Justice Clearinghouse
<http://www.ncjrs.org>

Kentucky Action
www.kyaction.com

Kentucky Division of Substance Abuse
<http://www.dmhmr.chr.state.ky.us/SA>

Kentucky DUI Program
<http://dmhmrs.chr.state.ky.us/dui/>

Center for Substance Abuse Research (CESAR)
<http://www.cesar.umd.edu/>

Children, Youth, Families at Risk National Network
<http://www.cyfernet.mes.umn.edu>

Child Welfare Information Gateway
<http://www.childwelfare.gov>

Club Drugs
<http://www.clubdrugs.org>

Cocaine Anonymous
<http://www.ca.org>

Cocaine Hotline
<http://www.drughelp.org>

Columbia University's Center on Addiction and Substance Abuse
<http://www.casacolumbia.org>

Community Anti-Drug Coalitions of America (CADCA)
E-mail: cadcal@aol.com

Connecticut Clearinghouse
<http://www.ctclearinghouse.org>

CORK Alcohol Database
www.state.vt.us/adap/cork/SectionDatabaseSearch.html

Corporation for National Service Drug Alliance Office
<http://www.govinfo.kerr.orst.edu>

County Statistics
<http://www.govinfo.kerr.orst.edu>

Drug Abuse Resistance Education (DARE)
<http://www.dare-america.com>

Drug Enforcement Administration Demand Reduction Section
<http://www.usdoj.gov/dea.deahome.htm>

PREMIER DRUG TESTING

Phone: 800-256-7141 270-866-3144
Website: www.premierdrugtesting.com
Address: 7 Jamestown Street
Russell Springs, KY 42642

Premier Drug Testing is a third party administrator providing drug and alcohol testing services for City, County, State and Federal government agencies across the nation. PDT also provides these services for school districts, businesses, court systems and individuals.

Premier uses a nationally certified (SAMHSA) laboratory to provide accurate results for hundreds of thousands of tests annually. PDT provides the training necessary to certify our specimen collectors according to the strict guidelines required by the Department of Transportation ensuring the integrity of the collection. It is the goal of Premier Drug Testing to be not only the leading provider of drug and alcohol testing services in the nation but also the most trusted.

WEBSITE RESOURCES

ADANTA

Addiction is a complex illness that can affect virtually every aspect of an individual's life—physical, psychological, emotional, spiritual, family, work, social life, and community. The illness is chronic and progressive and is characterized by compulsive, and at times, uncontrollable drug craving, seeking and use that persist even in the face of extremely negative consequences. Because of addiction's complexity and pervasive consequences, effective treatment programs typically incorporate many components; each directed to address a particular aspect of the illness and its consequences.

Treatment of addiction is as successful as treatment of other chronic diseases such as diabetes, hypertension and asthma. As with all other health disorders, effective treatment should be delivered by a trained professional and tailored to meet the needs of the individual. Treatment must respond to each person's need relative to:

- Primary health care,
- Co-occurring mental disorders,
- Racial, ethnic, gender and cultural issues,
- Employment and educational needs,
- Advocacy and support,
- Physical and cognitive disabilities

Individualized care is a hallmark of effective treatment.

ADANTA has been providing quality addiction treatment and education services to adults, adolescents and families in the Lake Cumberland Region for over 20 years. We are committed to assist those we serve to attain the best possible treatment outcome.

Services available include:

- Comprehensive Assessment
- Outpatient Counseling
- Intensive Outpatient Programs

Action on Smoking and Health
<http://www.ash.org>

Addictions Links
www.drugnet.net/metaview.htm

Al-Anon/Alateen
<http://www.al-anon.alateen.org>

Alcoholics Anonymous
<http://www.alcoholics-anonymous.org>

Alcohol-Related Birth Defects:
Fetal Alcohol Syndrome & Fetal Alcohol
Effects
www.med.unc.edu/alcohol/ed/fas

American Cancer Society
www.cancer.org

American Lung Association
www.lungusa.org

America's Promise: The Alliance for Youth
<http://www.americaspromise.org>

American Council on Drug Education (ACDE)
<http://www.ACDE.org>

AOD Thesaurus Online
<http://etoh.niaaa.nih.gov/index.htm>

Best Foundation (Community Coalitions)
<http://www.projectalert.best.org>

Bureau of Alcohol, Tobacco and Firearms
<http://www.atf.treas.gov>

Bureau for At-Risk Youth
www.at-risk.com

Center for Substance Abuse Prevention (CSAP)
www.samhsa.gov/centers/csap/csap.html

LifeSkills Inc.
Barren County Office
608 Happy Valley Rd.
Glasgow, KY 42142
270-651-8378 x1010
Intakes: 270-901-5000 x1010
 270-901-5000 x1013
Hotline: 800-223-8913
www.lifeskills.com

- DUI Offender Education & Treatment
- Referral
- Case Management
- School Based Services
- Consultation
- Family Education
- Supervisory Training & Employee Education

Program features include:

- Caring, experienced, qualified, professional staff
- 24-hour crisis line
- Treatment tailored to meet individual needs
- Child, Adolescent & Adult services, family involvement
- Services available during evening hours
- Outpatient clinics in each of the 10 counties in the Lake Cumberland District

Referral is easy...Call our Regional office at 606-679-4782. After hours and weekend crisis line is 800-633-5599.

OR CALL:

Adair Clinic	270-384-4719 200 E. Frazier Ave., Columbia KY42728
Casey Clinic	606-787-9472 PO Box 97 322 Middleburg St., Liberty KY 42539
Clinton Clinic	606-387-7635 Hwy 127 South PO Box 115, Albany KY 42602
Cumberland Clinic	270-864-5631 390 Keen St. PO Box 606, Burkesville KY 42717

Green Clinic 270-932-3226
521 Old Hodgenville Rd.,
Greensburg KY 42743

McCreary Clinic 606-376-2466
Southfork Plaza (Hwy 27)
PO Box 70, Whitley City KY 42653

Pulaski Clinic 606-679-7348
101 Hardin Lane, Somerset KY 42503

Russell Clinic 270-343-2551
PO Box 710, Jamestown KY 42629

Taylor Clinic 270-465-7424
3020 Old Lebanon Rd.
Campbellsville KY 42718

Wayne Clinic 606-348-9318
802 Columbia Ave
PO Box 786, Moticello KY 42633

Hotline: 800-928-8000

ELIZABETHTOWN

Communicare Inc.
Elizabethtown Clinic
1311 North Dixie Highway
Elizabethtown, KY 42701
270-769-1304 x1155
Intake: 888-344-8066
Hotline: 270-769-1304
www.communicare.org

Heartland Counseling Services PSC
806 North Mulberry Street
Elizabethtown, KY 42701
270-763-6644

Stepworks Addiction Resources
100 Diecks Drive
Elizabethtown, KY 42701
209-966-3245
Intake: 270-982-1244

Ten Broeck Elizabethtown
Outreach Center
1239 Woodland Drive
Suite 111
Elizabethtown, KY 42701
270-982-1333
www.tenbroeck.com

GLASGOW

Choices Counseling Center
318 West Main St.
Glasgow, KY 42141
270-659-0035

South Central Drug and Alcohol Counseling Services
216 East 1st Street
Campbellsville, KY 42718
270-469-4232

COLUMBIA

South Central Drug and Alcohol Counseling Services
101-B Campbellsville St.
Columbia, KY 42728
270-384-2044

CORBIN

Baptist Regional Medical Center
Adult Chemical Dependency Unit
1 Trillium Way
Corbin, KY 40701
606-528-1212
Intakes: 606-528-1212 x1506
606-528-1212 x1507
Hotlines: 800-395-4435
606-523-5900
www.baptistregional.com

DANVILLE

Alcohol and Drug Education Center Inc.
200 Finn Hill Drive
Danville, KY 40422
859-238-7866

Bluegrass South Comprehensive Care Center
The Recovery Center
650 High Street
Danville, KY 40422
859-236-2726
Intake: 800-928-8000

ADANTA REGIONAL PREVENTION CENTER

Judy Wilson
RPC Director
P.O. Box 3368
259 Parker's Mill Rd.
Somerset, KY 42564
1-800-432-9337
Fax: (606) 678-5296
Email: jcwilson@adanta.org

The Regional Prevention Center is a resource for the community, providing alcohol, tobacco and other drug prevention services, which include consultation and technical assistance, training and educational programs, public information community mobilization, coalition development, and a multimedia resource library.

Multimedia Resource Library

- Dissemination of alcohol and other drug related prevention information through public presentations and media outlets.
- Information on local, state, and national organizations, campaigns, and resources.
- Technical assistance on prevention policy, research, and coalition development
- Videotapes, curricula, books, journals, pamphlets, and internet access.

PRIME FOR LIFE...IN THE WORKPLACE

A research based program that deals with alcoholism as a lifestyle related health problem. Includes impairment issues and phases of progression of the disease.

PRIME FOR LIFE...FOR PARENTS

Talking with your kids about alcohol provides parents with information on alcohol use and the development as well as ways to communicate effectively with their children on this important topic.

PRIME FOR LIFE...COLLEGE STUDENTS

On campus talking about alcohol is designed for college age students and includes the most relevant information on biological factors and risk for alcohol problems.

PARENT TO PARENT

A video based workshop for parents of preteens and teens. The goal is to train the participants in the skills, attitudes, and abilities they may need to get their children through the adolescent years without significant drug or alcohol use.

PREVENTION WORKS

This training provides information on alcohol, tobacco, and other drug prevention. Defining prevention, why people use, basic prevention strategies, costs to society, and how prevention does work in our communities.

COMMUNITIES THAT CARE

The goal of this training is to provide a comprehensive overview of risk-focused prevention and to gain an understanding of the components involved in mobilizing a community around alcohol, tobacco, and other drug issues.

REALITY CHECK

Marijuana is the most widely used illegal drug among youth. This session will teach parents up-to-date facts about marijuana and how to talk to their children about drugs.

DRUGS AND INHALANTS...WHAT PARENTS NEED TO KNOW

This training will contain basic information about why drugs are so seductive, plus the risks associated with cocaine and marijuana use. Awareness information will be presented on inhalants; the danger of their use and abuse.

FETAL ALCOHOL SYNDROME...FACTS AND CHOICES

**DRUG AND ALCOHOL ABUSE
TREATMENT CENTERS BY CITY**

ALBANY

Access Mental Health Services
106 Washington Street
Albany, KY 42602
866-363-6825
Intake: 606-387-0794
Hotlines: 866-363-6825 or 606-387-0794

BOWLING GREEN

Guesthouse Inc.
1711 Destiny Lane
Suite 111
Bowling Green, KY 42102
270-781-3387
www.guesthouseinc.com

Park Place Recovery Center
822 Woodway Street
Bowling Green, KY 42102
270-901-5000 x1265
Hotlines: 270-843-4357 or 1-800-223-8913 or 270-843HELP
www.lifeskills.com

Rivendell Behavioral Health Services
1035 Porter Pike
Bowling Green, KY 42103
270-843-1199
www.rivendellbehavioral.com

CAMPBELLSVILLE

- Make an appointment for an assessment to determine treatment needs
- Be honest about drug and alcohol use
- Know that you are not alone and we want to help
- Be patient and understanding
- Be a part of the treatment process
- Work together with the treatment team to provide the best treatment possible

COST: FHC Cumberland Hall accepts Medicaid, Tricare, and Private Insurance. Arrangements for self pay made be made through the business office.

Fetal Alcohol Syndrome is a pattern of mental and physical defects, which develop in some babies when their mother drinks alcohol during pregnancy. This program presents factual information about the effects of alcohol use during pregnancy and examines the attitudes and behaviors regarding alcohol, women, pregnancy and birth defects.

ASSET BUILDING...A POSITIVE APPROACH TO PREVENTION

The asset framework includes 40 concrete positive experiences and qualities that influence young people. Learn how anyone can play a role in building assets for youth.

MEDIA SHARP

Provides background information on media literacy and its role in prevention education. This training designed for teens includes key facts and interesting statistics about alcohol and tobacco use among youth and the influences of advertising.

PEER HELPER

This workshop is designed to help middle school and high school students learn skills to respond to their peers who are experiencing problems. Topics covered include decision-making, communications and problem identification.

All Regional Prevention Center staff members can train in *TEG/TAP* and *Parent to Parent*. A program can be developed about any drug and all/all staff members can teach the program.

- **Jeanette Burris-** Alcohol, Tobacco, Drinking and Driving, Marijuana, Fetal Alcohol Syndrome
- **Sherri Estes-** Inhalants, Alcohol, Marijuana, Developmental Assets, *Prevention Works*, Mobilizing Communities to do Prevention Work
- **Beth Collins-** Club Drugs, *Prime for Life*, Fostering Strengths
- **Brandy Stephens-** Methamphetamine, Marijuana, Oxycontin, *Prime for Life*
- **Brandi Coomer-** Inhalants, *Prime for Life*, Strengthening Families

- **Rhonda Parker-** *For Baby's Sake, Prime for Life*, Fetal Alcohol Syndrome, Early Intervention Program
ADOLESCENT RECOVERY CENTER AT THE RIDGE

3050 Rio Dosa Drive
Lexington, KY 40509
Tel (859)-269-2325
Toll free 1-800-753-HOPE (4673)
Fax (859) 268-6456
www.ridgebhs.com

The ARC at The Ridge is designed to serve adolescents, ages 12 to 17 (or 18 if still in high school), suffering from the disease of chemical dependency. The ARC specializes in the treatment of adolescents whose chemical dependency problems are manifested primarily through legal problems, school difficulties, relationship problems and an inability to maintain sobriety. The primary treatment goal is to enable participants to return to their communities clean and sober with the knowledge and commitment to maintain sobriety and a healthy lifestyle.

The ARC offers 18 beds in semi-private rooms located on a self-contained unit. The treatment team is made up of highly qualified personnel including a director, registered nurses and certified alcohol and drug counselors. **All ARC services are reimbursable by Medicaid and most commercial insurance, once approved.** The expected length of stay is 28 days, but lengths of stay are modified to best serve each participant's situation and needs.

The primary goal at the ARC is to help participants achieve total abstinence from alcohol and other mood-altering chemicals. In addition, the staff at the ARC wants to equip participants and their families with the skills they need to help recover from the destruction of chemical dependency, maintain sobriety and lead a healthy lifestyle without the use of addictive substances. Participants will attend school at The Ridge during the academic year with certified teachers that follow the curriculum of the Fayette County School System.

FAX (270) 886-1335

ABOUT THE PROGRAM:

The YES program in an inpatient treatment program for adolescents ages 12 to 17 with drug and/or alcohol addiction. The program is structured to work on issues related to addiction and help the adolescent in being successful after completion of the program. The program is estimated to be about 6-8 weeks in length; however, this is based on individual needs.

PROGRAM COMPONENTS:

- Based on the 12 step to recovery which is one of the most successful treatments available
- Adolescents work Steps 1-3 prior to discharge
- Establish a Relapse Prevention Plan
- Attend groups to address addiction
- Multi-Family group
- Onsite AA and NA meetings for teens
- Education on the addiction process and the affects on the body
- Education onsite through the Christian County Board of Education

PROFESSIONAL STAFF:

- Psychiatrist
- Licensed Clinical Social Worker
- Certified Drug and Alcohol Counselors
- Activities Therapist
- Master's Level Therapist
- Mental Health Technicians
- People in Recovery
- Nurses

WHAT TO DO:

- Contact Admissions at FHC Cumberland Hall

- Clothing assistance
- Assistance with vision, dental, or medical car
- Help in emergencies

SPECTRUM CARE ACADEMY

4500 Campbellsville Rd.
 Columbia, KY 42728
 (270) 384-6444
 Monday-Friday
 8:00 AM-5:00 PM
 Residential Facility open 24 hours a day

PURPOSE:

Psychiatric Residential Treatment Facility for children/adolescent who are severely emotionally disturbed.

SERVICES:

Psychiatric treatment services are provided in a structured, residential setting for youth ages 12-18.

ELIGIBILITY:

Must have DSM-III-R psychiatric diagnosis with some type of chronic emotional disorder. Form 585 (Regional Interagency Council Checklist for Identification of Children with Emotional Disability) is required prior to admission.

FEE: Services eligible for KMAP reimbursement

YES
YOUTH EMPOWERED for SOBRIETY

FHC Cumberland Hall
 210 West 17th Street
 Hopkinsville, KY 42240
 (800) 467-4061

ALCOHOLICS ANONYMOUS

Al-Anon
(270) 343-6336

SERVICE HOURS: Meetings are Wednesday evenings from 7:00-8:00 PM in the basement of City Hall in Jamestown. Al-Anon meets Sunday nights from 7:00-8:00 PM in the basement of city hall in Jamestown.

SERVICES PROVIDED:

- Non-Medical Therapeutic Groups
- Education
- Information
- Self-Help for Alcoholics and Al-Anon

COST: Free

CONTACT PERSON: Perry Dunbar

BETHANY HOUSE SPOUSE ABUSE SHELTER, INC.

PO Box 864
Somerset, KY 42501
(606) 679-8852 (800) 755-2017

SERVICE HOURS: 24 hrs/day, 7 days/week

SERVICES PROVIDED:

- Temporary shelter to victims of domestic violence
- Food, shelter, clothing, transportation, legal referrals, agency referrals, crisis intervention and group counseling

ELIGIBILITY REQUIREMENTS: Must be a victim of domestic violence through physical, verbal, sexual, emotional abuse or neglect

COST: Free

CONTACT PERSON: Scarlet Jasper

**COMMUNICARE
RESIDENTIAL CHEMICAL DEPENDENCY PROGRAM**

1311 North Dixie Avenue
Elizabethtown, KY 42701
Phone: (270) 765-5145
1-800-641-4673
<http://www.communicare.org>

GOAL:

Communicare Recovery Center's residential treatment program offers "a promise of hope" and quality care to adults with a diagnosis of chemical dependency in need of a 24-hour structured environment.

PROGRAM:

Recognizing the need for individual treatment and recovery, our multi-disciplinary team focuses on the unique physical, social, emotional, and spiritual lifestyle changes presented by each of our clients and, in turn, assist them in securing the tools needed to establish and sustain a chemical-free lifestyle. Services include assessment, non-medical detoxification, evaluation, psycho-education groups, individual and group chemical dependency counseling, introduction to self-help groups and family group participation.

FAMILY INVOLVEMENT:

Family involvement is encouraged and incorporated in the treatment process. We believe that in order to successfully treat an individual, it is essential to also address the restoration of health to the entire family system. Through education sessions and group discussions, family

Serves all members within our region by providing therapeutic and educational services for individuals, families and groups.

FEE:

We have quality services at competitive rates. We accept Medicare, Medicaid and private insurance. Financial counseling is available.

RUSSELL COUNTY YOUTH SERVICES CENTER

Vicki Merrill, Coordinator
Donita Lawless, Asst. Coordinator
Sherri Selby, Community Education Director

CONTACT

270-866-8822
rcysc@russell.kyschools.us

HOURS

M-F 7AM-3PM
Other hours available if needed

Serves: Middle School & High School Students and Families
Purpose: To help all Middle School & High School students be successful at school.

YOUTH SERVICES CENTERS serve children over twelve years of age. The core components are:

- Referrals to health and social services
- Employment counseling, training and placement
- Summer and part-time job development
- Drug and alcohol abuse counseling
- Family crisis and mental health counseling

SERVICES:

- Help for pregnant teens and teen parents
- Community service projects
- Help with drug and alcohol programs
- Stop smoking classes
- Youth leadership programs

- Adolescent and Adult Chemical Dependency Partial Hospitalization Program
- Post Combat Stress Program for Military
- Traditional Outpatient Services for Adolescents and Adults

Lincoln Trail Behavioral Health System accepts most commercial insurance plans. We are also Medicare, Tricare and Medicaid (under the age of 21) providers.

We are available 24 hours a day/7 days a week.

For more information or for a free confidential assessment, call :
270-351-9444 or 800-274-7374

RIVENDELL

1035 Porter Pike
Bowling Green, KY 42103
Phone: (270) 843-1199
Helpline: 1-800-548-2621
Monday-Friday
8:00AM-5:00PM

PURPOSE:

To provide mental health services for children and adolescents.

SERVICES:

Rivendell provides a continuum of mental health care including inpatient, outpatient, intensive outpatient and partial hospitalization. We offer free screenings 24 hrs./day. Assessments and Evaluations, Intensive and Partial Programs, Individual/Group/Family Psychotherapy, Psychological Testing, Educational Services and Industrial Intervention Programs.

ELIGIBILITY:

members can begin to better understand the process of addiction and its impact on both client and family. Family members are offered assistance in identifying techniques for offering support without enabling and thus become partners in the recovery process.

FEE:

Major insurance companies may cover services. Communicare also provides a sliding fee scale which makes our services affordable to those in need.

GREEN RIVER COMMUNITY WOMEN'S RECOVERY CENTER

Missy Heron, CSW
Certified Alcohol and Drug Counselor
Green River Women's Recovery Center Site Supervisor
2020 Hodgenville Road
Campbellsville, KY 42718
Phone: (270) 789-6601
Monday-Friday
8:30AM-5:00PM

PURPOSE: Substance Abuse Treatment for Women

SERVICES:

- Transitional living (up to 24 months) for women and their children
- Residential treatment (14 women and 26 children)
- Childcare Center, which can accommodate up to 20 children ages birth-12 years. Center will provide evaluations to identify learning disabilities and therapeutic childcare.
- Transportation via a van to and from the center
- Supportive services which can address any needs the women may have

- Cottage Industry Development that will give women the skills they need to support themselves.
- Scattered Site Permanent Housing, which will give women a housing option after treatment.

ELIGIBILITY: Female at least 18 years of age

FEE: Sliding scale

THE HAVEN

Al-Anon
 Alateen and N.A.
 622 Maple St.
 Campbellsville, KY 42719
 (270) 789-1205

SERVICES: Support services to assist in coping with alcoholism through fellowship of alcoholics, drug addicts, relatives and/or friends who share their experiences, strengths and hopes in order to solve their common problems.

KENTUCKY COALITION FOR WOMEN'S SUBSTANCE ABUSE SERVICES

Mailing Address: UK Institute on Women and Substance Abuse
 1151 Red Mile Rd. Suite 1B
 Lexington, KY 40504
 Phone: (859) 257-6441 1-800-999-6727
 Monday-Friday
 8:00AM-5:00PM

PURPOSE: The ultimate purpose is to encourage the development and improvement of services to specific women and to promote their healthy life styles.

SERVICES: A diverse group of professionals committed to advocacy for all women and their families to prevent and/or treat substance abuse through networking and collaboration. Meetings are held quarterly and are located in different parts of the state.

ELIGIBILITY: Membership is open to all professionals working in the field of substance abuse prevention, intervention, and treatment or other interested programs.

FEE: None

LINCOLN TRAIL BEHAVIORAL HEALTH SYSTEM

3909 S. Wilson Rd.
 Radcliff, KY 40160
 Phone: (270) 351-9444
 1-800-274-7374
 www.lincolnbehavioral.com

Lincoln Trail Behavioral Health System is situated on a 20-acre campus in Radcliff, Kentucky. Our facility houses a spacious cafeteria, gymnasium, art/activity room, group rooms, classrooms, teams course and other areas to create a comfortable atmosphere for patients and to enhance our services. Lincoln Trail Behavioral Health System offers 77 adolescent and adult beds in semi-private rooms for a comfortable living arrangement, and will be adding 39 more beds.

Programs include:

- Adolescent Chemical Dependency Inpatient
- Adult Chemical Dependency Inpatient
- Adolescent Psychiatric Inpatient
- Adult Psychiatric Inpatient
- Willows Program